



COVID 19 Update - June 23, 2020

The Province of Alberta continues to move forward cautiously with its plans to re-open following the state of emergency caused by the global pandemic. Epilepsy Association of Calgary continues to closely monitor the re-opening businesses and services in our community and its impact on the spread of COVID-19. In the coming weeks, EAC will determine when to re-open its offices to guests and volunteers. In the meantime, there are still ways that you can safely access our programs and services while maintaining social distancing.

One on One Information and Support Services

Support Services will continue to be delivered on-line and by telephone. To accommodate staff summer vacation **during the period June 24 through July 10 inclusive** you may call the main line 403-230-2764 x 102 or email info@epilepsycalgary.com to book an appointment starting the week of July 13. Subject to availability, appointments may be limited to 30 minutes at a time to ensure EAC is available to respond in a timely manner to everyone seeking support with epilepsy.

Adult and Parent Support Groups and Workshops

All support groups and workshops will be offered online/dial-in only. Participants can join via the web-based platform or phone. Email gina@epilepsycalgary.com to register for your selected group or workshops so that you receive the information needed to join. Follow us on Facebook or Instagram at Epilepsy Calgary to stay up to date on the dates and times that these programs are offered. You can also visit: <https://epilepsycalgary.com/support/support-groups/> or <https://epilepsycalgary.com/support/courses-and-seminars/> to browse upcoming dates and topics.

Community Education

Community education sessions for in-services and other community groups may be booked by emailing: education@calgaryepilepsy.com . Please note that for the time being community education sessions are being offered exclusively via online meeting software to respect social distancing requirements. Dates and times are limited so please be sure to reserve early.

Office Operations

The Association's office is staffed 8:30 – 4:30 pm Monday – Friday; however the office is closed to visitor traffic excepting deliveries and building and office support services. On-site volunteering continues to be suspended until further notice. If you are unable to reach our office staff and would like to receive assistance please call 311 for government and non-emergency services, 211 for the distress centre and for help in finding an alternative service provider or in the event of an emergency, always call 911.

COVID-19 in Alberta

COVID 19 symptoms may include fever, cough, difficulty breathing and may be mild to severe. Symptoms may take up to 14 days to appear following exposure. Anyone who feels they are at risk following contact with persons with persons who have tested positive for the virus or, or who are experiencing symptoms should contact Health Link 811 for instructions. Up to date information concerning Alberta's response to COVID-19 may be found at: <https://www.alberta.ca/coronavirus-info-for-albertans.aspx>

Contact

Any questions concerning EAC operations should be directed to: Laura Dickson, Executive Director execdirector@epilepsycalgary.com (403) 230-2764 x 101.