


# Epilepsy Association of Calgary Support Meetings - March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
						<p style="text-align: center;"><b>Face to Face</b> <b>Regular Support Meeting</b></p> <p>A safe space for adults affected by epilepsy to connect, share experiences &amp; strategies &amp; network with peers.</p>
8	9	10	11	12	13	14
15	16	17	18	19	20	21
			<p style="text-align: center;"><b>Online Support Group</b> <b>Epilepsy &amp; Memory Challenges:</b></p> <p>Types of Memory? How Memories are Made. Tips for Remembering.</p>			<p style="text-align: center;"><b>Face to Face</b> <b>Anti-Seizure Meds:</b></p> <p>Side Effects Why Take as Prescribed? Missing or Skipping Meds Who to Talk to for Info Support with Paying</p>
22	23	24	25	26	27	28
		<p style="text-align: center;"><b>Parent Network</b> <b>Camp Fireworks Info</b></p> <p>General Information Staff Information Activities &amp; FAQs</p>		<p style="text-align: center;"><b>Purple Day</b></p> <p>Check our webpage for ideas on how YOU can participate!</p>		
29	30	31				
			<p style="text-align: center;"><b>Face to Face Support Group</b> <b>11 AM – 1 PM</b></p>	<p style="text-align: center;"><b>Parent Network Group</b> <b>7 PM – 9 PM</b></p>	<p style="text-align: center;"><b>Face to Face and Parent Network meetings held at EAC office:</b> <b>316, 4014 Macleod Trail SE</b></p>	<p style="text-align: center;"><b>Online Support Group</b> <b>6:30 PM – 8:00 PM</b></p> <p>! Please pre-register with Gina at <a href="mailto:gina@epilepsycalgary.com">gina@epilepsycalgary.com</a> or 587-392-8428</p>