

Epilepsy Association of Calgary Support Meetings - January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
Face to Face Support Group 11 AM – 1 PM	Parent Network Group 7 PM – 9 PM	All meetings held at EAC office: 316, 4014 Macleod Trail SE				
5	6	7	8	9	10	11
						Face to Face Regular Support Meeting <small>A safe space for adults affected by epilepsy to connect, share experiences & strategies and network with peers.</small>
12	13	14	15	16	17	18
19	20	21	22	23	24	25
						Face to Face The New Seizure Classifications: <small>Why the Change? How Seizures are Classified. What Does This Mean for Me?</small>
26	27	28	29	30	31	
		Parent Network <small>For parents of children with epilepsy to gain new information & insights to help you & your child cope with the daily stresses & worries that living with epilepsy brings.</small>				