

June 17, 2020

## Epilepsy Association of Calgary Volunteer Set to Run Charity Half Marathon After Recovering From COVID-19

On Saturday, July 18, 2020 at 9 am, Epilepsy Association of Calgary Volunteer Jessica Chawrun will set out on a half marathon run in support of the charity. Jessica Chawrun, one of the now over 8,000 Albertans now fully recovered from COVID-19 will dedicate Saturday's half marathon run to the local charity where she serves as a Board member. In a <u>story originally printed by the Calgary Herald on</u> <u>Friday, July 17</u>, Jessica speaks about her experience with COVID 19, her recovery and her determination to run the race to benefit those in Calgary whose lives are affected by epilepsy.

Jessica will be joined by three of the Association's Board members on Saturday for a socially distanced half marathon-length run that replaces the Scotiabank Calgary Marathon an event originally scheduled for May 31 but subsequently cancelled due to COVID 19. The <u>runners will follow a 21 km route</u> starting off at 9 am in Calgary's east village and head west along the river pathways before looping back at 42<sup>nd</sup> St NW and finish back at the start-line at approximately 11 am.

The goal set to raise funds by Epilepsy Association of Calgary for this year's run was \$15,000, a goal that has now been surpassed. Currently, Epilepsy Association of Calgary currently sits <u>third on the fundraising</u> <u>leader board</u> for the event with just over \$15,000 raised. Says Executive Director Laura Dickson: "This year has been a challenging one for charities struggling to meet the demand for services in uncertain times. I am so proud of the efforts of our volunteers and fundraisers in making this event happen, despite the obstacles."

## Background

<u>Epilepsy Association of Calgary</u> delivers support and information services to those whose lives are affected by epilepsy. The Association also provides public education around how to recognize and respond to seizures. Established in 1955, the Association is celebrating its 65<sup>th</sup> year of operations in



2020. Between one and two percent of the population will be diagnosed with epilepsy over the course of their lifetimes.

Contact: Laura Dickson Executive Director d. 587-392-8427 c. 403-478-1365 Execdirector@epilepsycalgary.com www.epilepsycalgary.com